


7800 SW 57TH AVE. SUITE 120
SOUTH MIAMI, FL 33143
305.284.8636

www.pecansdayspa.com



2007



OPEN OUR DOORS
TO A HIDDEN SPA SANCTUARY
OF TRANQUILITY AND PEACE
IN THE MIDST OF THE SOUTH MIAMI RUSH!
BREATHE DEEPLY AND ALLOW YOUR SENSES
TO GUIDE YOU DOWN A PATH
OF MINDFUL REST AND RELAXATION.
UNWIND WITH OUR SERVICES,
AND LET OUR THERAPISTS LEAD YOU
THROUGH TOTAL MIND BODY RELAXATION.

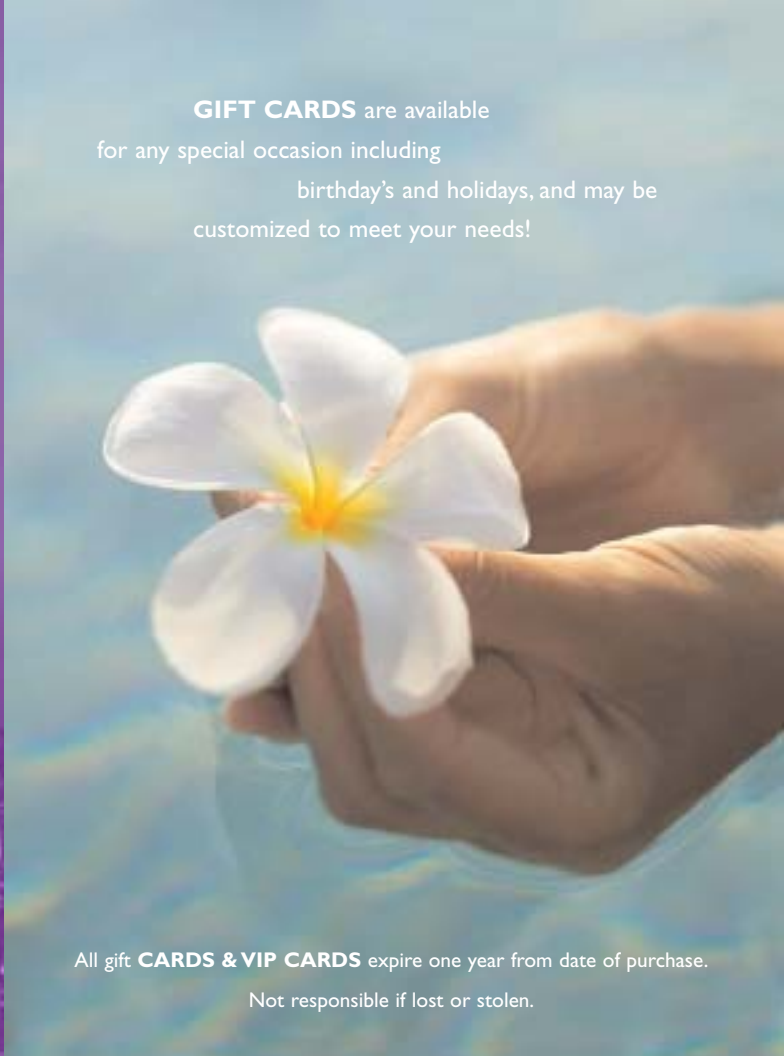
*Welcome to Pecan's
Day Spa & Salon*



OUR MISSION STATEMENT:

Sawadee

We welcome you
with our best intentions,
and strive to provide
excellent customer service.
At Pecan's Day Spa you can expect
a cozy and friendly environment
along with attention to detail
in everything we do.



GIFT CARDS are available
for any special occasion including
birthday's and holidays, and may be
customized to meet your needs!

All gift **CARDS & VIP CARDS** expire one year from date of purchase.
Not responsible if lost or stolen.

massage

SWEDISH MASSAGE

This massage is dedicated to individuals who want a traditional European technique. The Swedish massage uses light pressure and long strokes to desensitize the nervous system and relax sore muscles. Other benefits include relieving muscle and joint tension throughout the entire body and increased circulation.

50 MIN: \$95
SERIES OF 5: \$425
80 MIN: \$130
SERIES OF 5: \$600

DEEP TISSUE MASSAGE

This massage is recommended for anyone who loves deep pressure and trigger point therapy to relieve aches and pains all over. This technique is excellent for those who are suffering from muscle aches and spasms in the deep layer muscles, and for anyone participating in physical activities.

50 MIN: \$95
SERIES OF 5: \$425
80 MIN: \$130
SERIES OF 5: \$600

AROMATHERAPY MASSAGE

Indulge your senses in our aromatic massage designed specifically for those seeking tranquility and olfactory bliss! Allow your mind to escape while you enjoy the therapeutic benefits of aromatherapy using all natural essential oils for body detoxification.

50 MIN: \$100
SERIES OF 5: \$475
80 MIN: \$140
SERIES OF 5: \$650

SERENITY

Relaxation and rejuvenation bliss! This medium pressure massage detangles stress and soothes tight, achy muscles while hot towel compresses rid your body of toxins to restore harmony and balance.

50 MIN: \$105
SERIES OF 5: \$495
80 MIN: \$140
SERIES OF 5: \$650

SACRED HOT STONE THERAPY

Hot stone therapy is the Pecan's Day Spa signature massage. Warm lava stones are used to melt away stubborn knots, while naturally enhancing the body's circulatory and immune system to promote healing from within. The rocks are placed on the chakra points to assist in balancing your body's chi.

70 MIN: \$145

PRENATAL

A relaxing massage for our expecting mothers. This is a great massage for women who suffer from aches and pains during a normal pregnancy. The prenatal massage is a modified swedish.

**Prenatal massage is not recommended in the first trimester.*

50 MIN: \$105

REFLEXOLOGY

This eastern philosophy recognizes specific aches and ailments throughout the entire body by targeting specific points on the feet. This technique will bring harmony to the mind and body, and promote healing from within by rejuvenating circulation and energy.

30 MIN: \$60

breathe

DULAYA (BALANCE)

30 minute (add-on only) massage which can be used to enhance the results of any other treatment.

30 MIN: \$70

LYMPHATIC DRAINAGE

This relaxing massage is excellent for reducing toxic buildup and edema, and stimulating the immune system to encourage good health. This technique will also effectively reduce post surgical swelling.

30 MIN: \$95
BODY SUIT: \$45 (1 TIME FEE)

relax



endermologie



renew



LPG ENDERMOLOGIE (LIPOMASSAGE)

Experience the only FDA approved technique for reducing cellulite! Endermologie with LPG is the #1 CELLULITE TREATMENT WORLDWIDE. This proven technique will remove your cellulite, through a unique series of treatments designed around your individual needs. If you're looking for enhanced results after the gym or liposuction, let LPG Endermologie work for you. If you desire a more streamlined silhouette with little to no cellulite, and you're looking for targeted protocols with measurable results, this customizable treatment is for you. Comfortable and safe, LPG Endermologie is very effective at treating saddlebags, loose sagging skin, and localized fat. Ask to see before and after photos.

SINGLE SESSION: \$95
BODY SUIT: \$45 (1 TIME FEE)
SERIES OF 16: \$1280 (INCLUDES BODY SUIT)
SAVES \$285

* After completion of the series, maintenance typically includes 1-2 treatments per month:

6 MAINTENANCE TREATMENTS: \$540 SAVES \$30
12 MAINTENANCE TREATMENTS: \$1020 SAVES \$180
24 MAINTENANCE TREATMENTS: \$1920 SAVES \$360

improve

BEFORE



AFTER

facials

VISIBLE BRILLIANCE

(HYPERPIGMENTATION, UNEVEN SKIN TONES):

This treatment targets uneven skin tones (including hyperpigmentation), and dull, dehydrated patches resulting from excessive sun exposure, hormonal changes/imbbalances, and environmental pollution. Allow your skin to reveal its natural beauty and expect a more radiant, even toned appearance as our brightening complex targets difficult areas. Regular home regimens with maintenance appointments are very important for optimal results!

50 MIN: \$100
SERIES OF 4: \$380

tranquility

PECAN'S DAY SPA SIGNATURE FACIAL

(ALL SKIN TYPES):

Indulge in our premier facial and enjoy the aromatherapeutic benefits of lavender and rosewood. Allow your skin to reveal its ultimate glow while we skillfully analyze, steam, exfoliate, and manipulate acupressure points on the face, neck, and head. Unwind while the tension escapes these stress prone areas, as this will minimize the appearance of visible aging including fine lines, wrinkles and crow's feet. After a thorough exfoliation and pore cleansing, we will apply an enzyme peel that is designed specifically for your skin type to achieve optimal results. Prior to completing the treatment, we will apply a multi-vitamin masque which will infuse nutrients back into the skin. Other benefits include the increased production of collagen, which will promote tightening and hydration of the skin, helping to reduce pore size. To add the finishing touch, this treatment also includes a 10 minute foot massage.

70 MIN: \$130
SERIES OF 4: \$500

PETIT FACIAL (ALL SKIN TYPES):

No extractions or steam. Our petit facial is the perfect solution to accommodate hectic schedules. This facial will revitalize and renew your skin within minutes, and allow you to maintain healthy and vibrant skin without spending a lot of time. The treatment includes a gentle cleansing, face massage, and a personalized masque.

30 MIN: \$55

peace

DEEP PORE CLEANSING

(ACNE-PRONE, OILY SKIN CONDITIONS):

This facial is for anyone suffering from congested pores and acneic skin conditions. Concentration will be placed on exfoliation and extractions, while triclosan (antibacterial ingredient) and salicylic acid help to regulate sebum and flush away toxins.

50 MIN: \$110
SERIES OF 4: \$400

CLASSIC EUROPEAN STEAM FACIAL

(ALL SKIN TYPES EXCEPT ACNEIC):

This classic facial is an excellent introduction to our facial treatments and professional care. It includes two thorough cleansings, steam, toning, deep exfoliation and a face and neck massage. To complete your treatment, we will apply a customized masque which will leave your skin feeling refreshed and revitalized.

50 MIN: \$95
SERIES OF 4: \$360

ROSACEA FACIAL

(ROSACEA AND HYPER SENSITIVE SKIN):

Red raspberry extract and rosemary are a few ingredients used during this treatment to enhance results while a thorough cleansing and light steam make this procedure enjoyable and visibly pleasing!

50 MIN: \$110
SERIES OF 4: \$400

HYDRATING FACIAL

(PARCHED, DEHYDRATED SKIN):

Restore suppleness and vibrance to your skin with our multivitamin infused exfoliant, and experience the results following our super-concentrated anti oxidant masque. This treatment will infuse vitamin A & C to help promote collagen and elastin production, and bring a youthful, radiant appearance.

50 MIN: \$100
SERIES OF 4: \$380

BACK FACIAL (ALL SKIN TYPES):

A relaxing treatment for both mind and body. Includes a deep cleansing, active exfoliation, mineral infused masque and a wonderful back massage.

50 MIN: \$95
SERIES OF 4: \$360

wellness

EXECUTIVE GENTLEMEN'S FACIAL (ALL SKIN TYPES):

A complete cleansing and renewal treatment designed specifically for men. This facial will begin with vaporizing steam, followed by a "microfoliant" enzyme scrub formulated specifically to alleviate razor bumps and ingrown hairs. This treatment will also include a face massage, extractions, toning, and a masque suited to your skin type.

50 MIN: \$100
SERIES OF 4: \$380

advanced skin care

POWER PEEL MICRODERMABRASION

Power Peel is the industry leader in microdermabrasion, and the first company to receive an FDA approval for their clinically proven results. This exfoliation technique uses a gentle action to remove the surface layers of the skin without the use of chemical substances-making all skin types appear lighter, firmer and softer. This treatment is safe, non-invasive, and excellent for anyone seeking a safe, non-surgical, comprehensive approach to skin care. Expect results and don't settle for second best! Power Peel Microdermabrasion is useful in the treatment of:

- Fine lines and wrinkles
- Sun damage
- Superficial scars
- Uneven skin tone
- Acne and acne scarring



With Power Peel Microdermabrasion, you can expect radiant, even toned skin in as little as four to six treatments.

FACE AND EYES:	\$155
SERIES OF 6:	\$820
DECOLLETE:	\$100
HANDS:	\$80
ARMS:	\$100
NECK:	\$85
FACE, EYES, & NECK:	\$225
BACK:	\$160
SPOT TREATMENT:	\$100

revitalize

COSMODERM SKIN SCIENCE-GLYCOLIC ACID PEEL

Give your skin a smooth, silky, and vibrant glow with our FDA approved 50% glycolic acid peel! Achieve superior results with minimal irritation. This peel works magic with no downtime. Expect immediate results, but achieve optimal results within 4 to 6 treatments.

FACE ONLY 30 MIN:	\$90
SERIES OF 6 (FACE ONLY):	\$500
FACE, NECK, AND DÉCOLLETÉ:	\$150
NECK:	\$60
DECOLLETE:	\$60
HANDS:	\$65
SPOT TREATMENT:	\$50
BACK:	\$100

lift

LPG ENDERMO LIFT

Skin fitness for the face and neck. This treatment is for anyone looking for a natural, lifting effect which will enhance your appearance and "exercise" the underlying tissues of the face. LPG endermo lift is an excellent, FDA approved technique which can be used to look and feel your very best before any special occasion! This treatment is a facial workout for the underlying structure of your skin, and can be used to reduce the appearance of wrinkles, deep frown lines, sagging skin, post surgical swelling from cosmetic surgery, and produce visible results after the first treatment.

30 MIN:	\$85
SERIES OF 4:	\$300 (SAVE \$40)



spa rituals (packages)

indulge

SABAI (WELLNESS)

- Pecan's Day Spa Signature Facial
- 80 minute Serenity massage
- French Manicure
- French Pedicure

4 HOURS OF PAMPERING \$310

ZEN

- 80 minute Swedish or Deep tissue massage
- Reflexology
- Petit Facial
- Manicure

3 HOURS OF PAMPERING \$240

BALI

- 80 minute aromatherapy massage
- Classic European Steam facial
- Signature Spa Pedicure

3 1/2 HOURS OF PAMPERING \$270

DEVARANA (GARDEN IN HEAVEN)

- Sacred hot stone therapy
- Classic European Steam facial
- Reflexology

2 1/2 HOURS OF PAMPERING \$275

SOMETHING SPECIAL FOR HIM

- 80 minute Swedish or Deep tissue massage
- Pecan's Day Spa Signature Facial
- Gentlemen's haircut

2 1/2 HOURS OF PAMPERING \$230

hair design

“NEW CLIENT INTRO-CUT, STYLE AND BLOW

FIRST TIME CLIENTS ONLY PLEASE”: \$65

HAIR CUT \$60+

MENS HAIR CUT \$40

BLOW DRY AND STYLE \$40+
PACKAGE OF (4)-SAVES \$20 \$140

UP-DO'S \$65+

COLOR CORRECTION \$70+

1 PROCESS COLOR \$55+

2 PROCESS COLOR \$70+

WAVES-PARTIAL \$75+

WAVES-FULL HEAD \$90+

CONDITIONING \$35
TREATMENTS/SERUMS \$35
PACKAGE OF (4)-SAVES \$20 \$120

TONER/GLOSS \$40

PACKAGE OF (4)-SAVES \$20 \$140

nail spa

enjoy

SPA MANICURE: \$21

FRENCH MANICURE: \$25

SPA PEDICURE: \$40

FRENCH PEDICURE: \$46

“SIGNATURE SPA PEDICURE,
FOOT MASSAGE &
HYDRATING MASK”: \$60

CALLUS TREATMENT: \$20

SERIES OF (4)-SAVES \$10: \$70

POLISH CHANGE-HANDS: \$13

POLISH CHANGE-FEET: \$20



Sawadee

info

SPA HOURS:

Tuesday-Friday: 10 am – 7 pm

Saturdays: 9 am – 7 pm

RESERVATIONS:

For your convenience, you may choose to book your appointment by phone at (305) 284-8636, or you may visit our website at www.pecansdayspa.com and book your appointment online. Of course, walk-in appointments are always welcome. For your convenience, Pecan's Day Spa has shower facilities for pre/post treatment use.

PRODUCTS:

Pecan's Day Spa is dedicated to using fresh herbs and botanically based products to enhance our spa treatments. We also provide an advanced skincare line to ensure optimal results and the latest technology today's skin science has to offer.

PAYMENT POLICY:

We accept cash, check, Visa/Mastercard/Amex.

GRATUITY:

Gratuity is greatly appreciated, but subjective to the client and their treatment satisfaction.

DIRECTIONS:

Pecan's Day Spa is located at 7800 Red Road, Suite 209, South Miami, Florida, 33143.

From Coral Gables: Take US1 to sw 57th ave (Red Road) and head south. We are located on the right hand side of the road, and inside of the 7800 professional building, suite 209.

From South Miami: Take 88th street towards Red Road (57th avenue). Head north on Red Road. Pecan's Day Spa is located on the left hand side of Red Road inside of the 7800 professional building, suite 209.

PARKING:

Free parking is available in the front and rear of the building.

PUNCTUALITY:

We greatly appreciate your punctuality, as we will strive to provide you with an excellent service. Please arrive 10 minutes prior to your scheduled treatment to ensure adequate check-in time. As a courtesy to all guests and therapists, late arrival will shorten the duration of your treatment.

ELECTRONIC DEVICES:

As a courtesy to all guests, please turn off all cellular telephones and communication equipment before entering Pecan's Day Spa.

CHILDREN AND PETS:

Pecan's Day Spa does not provide child supervision, so please make the appropriate arrangements as a courtesy to all guests. No pets allowed.

CANCELLATION POLICY:

In order to accommodate all guests, we respectfully request a 24 hour notice to terminate or reschedule services. However, if your treatment is on Tuesday, we require termination or rescheduling by Saturday at 7pm, otherwise Pecan's Day Spa reserves the right to place a 50% service charge against your pre-authorized credit card and/or prepaid gift card. All no shows will be subject to a 100% service charge, no exceptions. Thanks again for your cooperation!

Thank you